European and International Mobility Opportunities

Tene Learning
Educational and training centre





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01. Erasmus for Young Entrepreneurs (EYE) 1/2

Erasmus for Young Entrepreneurs

EU-funded exchange programme connecting young entrepreneurs with experienced host entrepreneurs (mentors) abroad.

- Who can apply? Aspiring entrepreneurs or business owners with less than 3 years of entrepreneurial experience.
- Age: 18+, with no upper age limit.
- Duration: 1–6 months.
- Financial support: monthly financial support varies by destination country. Eligible participants coming from the Canary Islands can receive up to €1,200 per month.
- Purpose: gain practical business experience, develop entrepreneurial skills, and build international connections.
- Where can you go? All 27 EU countries, Norway, Iceland, Türkiye, Albania, Serbia, Ukraine, Canada, USA and Singapore (40 countries).





01. Erasmus for Young Entrepreneurs (EYE) 2/2

Erasmus for Young Entrepreneurs

How to participate?

1. Develop your business idea: prepare a business plan, CV, and motivation letter. *You don't need to have a registered company!*
2. Submit your documents for review: once your documents are ready, send them to eye@itccanarias.org for review and approval. The Instituto Tecnológico de Canarias (ITC) is the Intermediary Office for applicants based in the Canary Islands.
3. Apply online: once your documents have been approved, register on the EYE platform and select ITC as your Intermediary Office.
4. Receive guidance from your Intermediary Office: they will guide you through the application process and support you throughout your exchange.
5. Find a Host Entrepreneur: connect with an experienced entrepreneur abroad through the EYE platform.
6. Plan your exchange: agree on the objectives, activities, duration, and expected outcomes with your Host Entrepreneur.
7. Get approved and start: sign the necessary agreements and begin your exchange.

More information: erasmus-entrepreneurs.eu · eyecanarias.com

02. Erasmus+ Youth Exchanges (KA152-YOU) 1/2

Erasmus+

Erasmus+ Youth Exchanges bring together young people from different countries to learn, share and explore important topics through non-formal education.

- Age: 13–30 years.
- Duration: 5–21 activity days, excluding travel days.
- Participants: each national group must have at least 4 young participants and 1 group leader. Group leaders must be at least 18 years old, with no upper age limit.
- Learning methods: workshops, discussions, simulations, creative activities, and teamwork.
- Funding: Erasmus+ provides financial support for travel, accommodation, meals, and activity-related costs.





02. Erasmus+ Youth Exchanges (KA152-YOU) 2/2

How to participate?

1. Find an opportunity: look for youth exchanges through NGOs, youth organisations, and Erasmus+ networks, e.g. TeneLearning website.
2. Apply as a participant: complete the application form provided by the organising or sending organisation.
3. Join preparation activities: meet your group, learn about the project from info-pack, and prepare for your trip.
4. Take part in the exchange: participate in activities, share experiences, and learn together with young people from other countries.
5. Reflect and receive your Youthpass: identify the competences you've developed, receive recognition of your learning, and add your experience to your CV.

Where to find opportunities?

SALTO-YOUTH · European Youth Portal · NGOs and youth work networks · Facebook groups · TeneLearning: Instagram / Facebook · Spanish national agency

03 Erasmus+ Mobility of Youth Workers (KA153-YOU) 1/2

Erasmus+

Erasmus+ Mobility of Youth Workers supports the professional development of people working with young people through international learning experiences.

- Who? Youth workers, youth leaders, trainers and people actively involved in youth work.
- Age: minimum 16 years, no upper age limit.
- Duration: 2–60 activity days, excluding travel.
- Participants: usually 2–4 participants per country, depending on the project. Up to 50 participants per activity in total.
- Activities: training courses, seminars, study visits, job shadowing and networking events.
- Funding: Erasmus+ supports eligible travel, accommodation, subsistence and activity-related costs.





03 Erasmus+ Mobility of Youth Workers (KA153-YOU) 2/2

How to participate?

1. Find an opportunity: explore international training courses and youth worker mobility opportunities, e.g. TeneLearning website.
2. Apply and get selected: submit an application explaining your motivation, experience, and learning goals. Wait for sending organisation to confirm your participation.
3. Prepare for the mobility: arrange travel, complete preparation tasks, and discuss expectations and prepare for your trip.
4. Participate and learn: join workshops, exchange good practices, and connect with youth workers from other countries.
5. Share your learning: apply new methods in your youth work, share your learning outcomes, and receive a Youthpass certificate.

Where to find opportunities?
SALTO European Training Calendar · European Youth Portal · NGOs and youth work networks · Facebook groups · TeneLearning: Instagram / Facebook

04. European Solidarity Corps (ESC) 1/2

The European Solidarity Corps is an EU-funded programme that offers young people opportunities to volunteer, support communities, and gain international experience.

- Age: 18–30 years (registration possible from age 17).
- Individual volunteering: 2 weeks to 12 months.
- Team volunteering: 2 weeks to 2 months.
- Where? EU countries and other eligible participating countries.
- Activities: environment, education, youth work, culture, inclusion, community development, and more.
- Funding: travel (within programme limits), accommodation, food, insurance, pocket money, and language support.





04. European Solidarity Corps (ESC) 2/2

How to participate?

1. Register online and find an opportunity: create your profile on the European Solidarity Corps Portal. Explore volunteering projects based on your interests, preferred countries.
2. Apply and get selected: submit your application and motivation to the hosting organisation. Complete the selection process and confirm your participation.
3. Connect with a support organisation: for individual volunteering abroad, a support (sending) organisation helps you prepare and arrange your mobility.
4. Start volunteering: travel to your destination, contribute to the local community, develop new skills, and receive a Youthpass certificate documenting your learning outcomes.

Where to find opportunities?

European Solidarity Corps Portal · European Youth Portal · NGOs and volunteering organisations · Erasmus+ and ESC Facebook groups

05. Other International Volunteering opportunities 1/3

Besides the European Solidarity Corps, there are several platforms where young people can find volunteering, cultural exchange and work-exchange opportunities around the world.

Workaway: cultural exchanges with families, NGOs, farms and hostels. Usually accommodation and meals in exchange for a few hours of help per day.

Worldpackers: volunteering and cultural exchange in hostels, social projects and ecological initiatives. Accommodation included; meals depend on the host.

WWOOF: volunteer on organic farms, learn sustainable farming practices and receive accommodation and food.

AIESEC Global Volunteer: international volunteering projects focused on education, sustainability and community development.

05. Other International Volunteering opportunities 2/3

UN Volunteers: volunteering opportunities with the United Nations, including international, national and online assignments.

AuPairWorld / AuPair.com: live with a host family abroad, help with childcare and receive accommodation, meals and pocket money.

Workcamps: short-term international volunteer camps, usually 2–3 weeks, focusing on environmental, social and community projects.

HelpX: cultural and work exchanges with local hosts, farms and guesthouses, often providing accommodation and meals in exchange for help.



05. International Internship opportunities 3/3

Internships abroad offer opportunities to gain professional experience, develop practical skills, improve language abilities and build an international network.

ErasmusIntern: internships abroad for students and recent graduates, with opportunities for Erasmus+ funding.

AIESEC Global Talent: international professional internships in business, marketing, IT and other fields.

European Commission Blue Book: paid 5-month traineeships for graduates in EU institutions.

Eurodyssey: paid professional traineeships for young people from participating European regions.

Eurodesk: a platform to discover international internships, volunteering and other youth opportunities.

Thank you for your attention!

For further information or questions, feel free to get in touch.

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